

Prevention First has been reaching out to the developers of the IDHS-SUPP approved youth prevention education curricula. As we are in receipt of feedback, we will share it here on Groupsite. We also encourage providers to reach out to developers with questions.

### **Mendez Foundation Too Good for Drugs Program - Out of School Activities**

*Prevention First is in receipt of an official letter dated March 26, 2020. The Mendez Foundation stated the letter will be posted in the Too Good Programs Newsletter Section on their website very soon. With permission from the Mendez Foundation, the letter is attached.*



[Mendez Foundation Too Good Programs COVID-19 Letter.pdf](#)

During this time when we are sheltering at home, and Too Good for Drugs or Too Good for Violence classes cannot meet, we know you want to continue the social skills development in your students as much as is possible. The activities offered here have been adapted from the Too Good programs at each grade level. In each set below, you will find Cross-Curricular activities, Home Workouts, and, in Grades 5 through High School, Journal Activities. While, these activities do not and cannot replicate the lessons in the programs, they are fun resources for children and their families to use to keep their skills development and social skills learning active. We encourage you to share as few or as many as you like during this exceptional time.

<https://toogoodprograms.org/pages/out-of-school-activities-1>

The Mendez Foundation anticipates sending out an email to those on their mailing list with some general guidelines for when students are back in class and staff will also be available to help with specific implementation questions. Please check [www.toogoodprograms.org](http://www.toogoodprograms.org) for any future updates.

### **Project TND**

*Prevention First received the following statement from Project TND staff and it is released with permission.*

Project TND understands the difficulties that providers may face now. We know there is a necessity to attempt online learning protocols, where it is feasible to do so.

Please note that an individualized programmed learning method was tested in one of our project research trials and was found to be ineffective. Project TND is a highly interactive program and in order for it to maintain its evidence base it has to be delivered in-person to a group. We do not recommend virtual or online implementation of Project TND. That is, if somehow delivered online to a group of youth we don't know if it would actually be effective. Online delivery might be thought of as "evidence-informed programming", but it is not directly based on evidence. Keep in mind that we do not mandate how the program is used--we only recommend that you use what has been formally tested and supported through rigorous research.

### **Botvin LST**

*Botvin LST has posted the following information on their website.*

### **UPDATE 4/17/20:**

Teaching LST Remotely During COVID-19 School Closures

The coronavirus pandemic has forced widespread school closures affecting at least 55 million students in the US, causing many schools suddenly to shift to remote learning. Since it is still unclear how long schools will remain closed in many states, we're offering tools for remote continuation of your LST implementation.

Please join us for a complimentary webinar as we review new tools available, FAQs, facilitator support, and more. Many dates to choose from (click link below):

[Click this link for the registration page.](#)

**UPDATE (3/30 12:30pm ET):** We are committed to being there for you and your students during this difficult time. Since it is still unclear how long schools will remain closed in many states, we've created online tools for your remote continuation of the Botvin LifeSkills Training program, and we are happy to provide you access to an electronic version of the LST program levels you are currently teaching with your students. Simply complete the [Request for Temporary Usage License](#) for the LST teacher and student materials you need to continue your LST lessons.

**We are all in this together!** Please avoid creating your own solutions using LST materials. We have solutions that are both responsive to your needs and in the best interest of your students.

#### **Resources Available**

Additionally we offer online training, companion websites with additional activities, and we're available to answer any questions on your current or future implementation of LST.

- [Online Training Workshops Available](#)
- [LST Middle School program activities](#) (companion website)
- [LST High School program activities](#) (companion website)

#### **From Previous Post:**

Botvin LST is working on solutions for your remote instruction of LST. We will have solutions and recommendations by March 27. We ask that you consider the following as you determine your situation.

1. Help Us, Help You! We are working on solutions. We want to hear about your situation so we can provide relevant and realistic solutions. If you are teaching LST, we want to help. [Please complete our support survey](#)
2. We are all in this together! Please avoid creating your own solutions using LST materials. We have solutions that are both responsive to your needs and in the best interest of your students.
3. Visit our COVID-19 webpage: Please visit [lifeskillstraining.com/covid-19-update/](https://lifeskillstraining.com/covid-19-update/) for all updates. If you bookmark this page, we will be posting updates on our progress and other helpful information.

#### **All Stars**

##### **Update 4/2/2020:**

Kathleen Nelson-Simley of All Stars wants to give you an update on delivering All Stars virtually with students while still maintaining fidelity and upholding the copyright of the program.

All Stars Prevention will have an online version of All Stars Core ready for facilitators by next Monday, April 6. However, before providers access this version, Kathleen would like them to participate in a free webinar she will be leading on how to teach the program virtually with fidelity and how to use the online

platform with their students. This webinar will be offered twice - Tuesday, April 7, at 10:00 am CST and Wednesday, April 8, at 1:00 pm CST.

Please contact Kathleen directly at [kathleen@knslearningsolutions.com](mailto:kathleen@knslearningsolutions.com) for details on how to register for one of the two webinar sessions.

### **From previous post:**

All Stars is looking into ways providers can deliver the lessons virtually. They are working on ideas now and should know more next week. As soon as that information becomes available to Prevention First it will be accessible to providers on Groupsite. In the meantime, please reach out to Kathleen Nelson-Simley at [kathleen@knslearningsolutions.com](mailto:kathleen@knslearningsolutions.com) with any questions or if direction is needed. <https://allstarsprevention.com/>

### **Online Training Opportunities**

#### **All Stars**

This is a new training course for All Stars Core! It debuted in the summer of 2019. It is more comprehensive than any previous All Stars Core training. The course covers step-by-step instruction on ALL the lessons and has more supplemental resources for the lessons than ever offered before. Click <https://knslearningsolutions.mykajabi.com/coresignaturetraining> for more information and to register.

The course includes five training modules, totaling 8 hours. You have six weeks to complete the training before losing access to the modules. If you block out 90 minutes a week for each of the six weeks you should have no problem completing the course! And, you can "stop and go" when you need to.

Get access to all five recorded online training modules and several bonuses which usually is \$650 but for a limited time is \$399.

**Module 1 - The "Why" and "What" of All Stars: The Theory and Research Behind the Program**

**Module 2 - Delivery Tips & Insights for a Successful All Stars Core Experience**

**Modules 3-5 - Step-by-Step Lesson Instruction**

#### **Botvin Life Skills**

For online training workshop information, go to: <https://www.lifeskillstraining.com/> \$250 is the cost for training materials (Teacher's Manual and Student Guide-is additional). Our online trainings are now asynchronous. Asynchronous trainings are completely self-paced settings that allow participants to complete the training individually, on their own schedule and pace.

Participants have 7 days within which to complete the 6-hour course and are encouraged to take their time going through the material and thinking about how they will implement it. In this interactive course, participants are encouraged and expected to take part in a respectful dialog with their fellow participants. A certified NHPA trainer guides participants through modules and discussions (key elements through which participants can process their understanding of the course as well as learn from others in the course). If you have 5+ people you wish to train during the same time period, please contact us to set this up. Note, however, that people do not work as a group in the asynchronous training.

#### **Upcoming Online Training Workshops**

Dates: 4/2-8, asynchronous Level: Middle School Online Training Availability: Open  
Dates: 4/16-22, asynchronous Level: High School Online Training Availability: Open

### **Project ALERT**

Project ALERT is available to all educators at no cost. Your self-paced training, classroom resources and implementation support are available digitally and free of charge. The free online training is available by creating a user account at <https://www.projectalert.com/>, logging on, and accessing the Online Training module in the left navigation area of the home page. A certificate of training will be provided upon completion of all 14 lessons. A 19-page Project Alert overview is available for downloading after you create an account.

Project ALERT training provides the teacher with information on the program's fundamental underpinnings - its objectives and structure, the underlying pedagogy, and key teaching strategies.

Project Northland - No online training available at this time.

Project Towards No Drug Abuse (TND) - No online training available at this time.

Too Good for Drugs Middle School & High School - No online training available at this time.